# CHART #4: POTENTIAL WEAKNESSES OF EACH TYPE

#### POTENTIAL NEGATIVE TENDENCIES OF THE "I":

- \* remote, reserved, withdrawn
- \* tendency toward self-absorption and impracticality
- \* difficulty in communicating has to be brought out
- \* trouble remembering names and faces
- \* takes too long to think before acting
- \* tendency to be self-doubting, self-critical and self-deprecating
- \* non-responsive to outer environment
- \* feels guilty and selfish about asking for needed time and space to be alone
  - \* holds back when faced with something or someone unfamiliar
  - \* slower in responsiveness to ideas or objects

#### POTENTIAL NEGATIVE TENDENCIES OF THE "E":

- \* short attention span
- \* too much breadth at the expense of depth
- \* acts quickly, sometimes without thinking
- \* impatient with long, complicated jobs
- \* "driven" by hunger for variety and action

#### POTENTIAL NEGATIVE TENDENCIES OF THE "S":

- \* over-concern with external image
- \* lack of depth and content
- \* overly simplistic interpretation of complex concepts
- \* intolerance for complexity
- \* overly precise about external details
- \* uninspired, superficial, shallow, one-dimensional
- \* deterioration of religion into "religious materialism," (i.e., keeping the letter of the law, but losing the spirit behind it by putting all one's attention on the external, material aspects of the religion such as dress, food, furnishings, etc.)

#### POTENTIAL NEGATIVE TENDENCIES OF THE "N":

\* inattention to practical realities

- \* tendency to be unrealistic
- \* imprecision in routine details
- \* overly complex intellectualizing
- \* impatience with routine details
- \* changeability, lack of persistence
- \* failure to live in the present
- \* idealization: places people on impossible pedestals, not seeing them as possessing human frailties

### POTENTIAL NEGATIVE TENDENCIES OF THE "T":

- \* tendency to suppress, undervalue and ignore feelings and invalidate anything which is incompatible with their logical conclusions
  - \* excessively demanding of competency and knowledge
  - \* devastatingly critical
  - \* tactless exposure of others' mistakes and deficiencies
  - \* assumption that their conclusions reflect truth
- \* little awareness of people; may hurt people's feelings without realizing it
- \* excessive self-criticism over inability to always know all the facts and be knowledgable enough

### POTENTIAL NEGATIVE TENDENCIES OF THE "F":

- \* overly talkative and repetitive
- \* exaggeration of discomfort and feelings
- \* suppression and devaluation of logic
- \* seeks harmony at the expense of honesty
- \* inability to stand up for one's rights or state views
- \* inability to give necessary rebuke
- \* excessively trusting, receptive and generous
- \* excessive reliance on emotions without reality-testing
- \* excessively merciful, soft-hearted, too "nice"
- \* over-eagerness to agree with others
- \* over-responsiveness and hyper-sensitivity to others' opinions and moods
  - \* unrealistic demands for understanding and sensitivity

- \* excessive faith in communication to resolve differences
- \* self-torture over inability to please people or be sensitive enough to others' needs; critical of others' inability to be sensitive to their needs

# POTENTIAL NEGATIVE TENDENCIES OF THE "P":

- \* unrestrained passion
- \* has to be constantly reminded of rules and regulations
- \* lack of perseverence, stick-to-itiveness and follow-through
- \* self-centered hedonism
- \* indecision, or impulsive decisions
- \* rebelliousness refusal to accept external authority (May balk at having a Rav or accepting a Rav's decisions. Wants to make his own rules and live by them.)
- \* too open-minded and tolerant; lacking clear standards, principles, structures, and disciplines
- \* refusal to accept or keep commitments, responsibilities, obligations, duties, and promises

## POTENTIAL NEGATIVE TENDENCIES OF THE "J":

- \* stiffness and propriety at the expense of human warmth and concern
  - \* over-interference in others' lives (telling them what to do);
  - \* closed-mindedness and rigidity
  - \* excessive inhibition and strictness
  - \* smug self-satisfaction with the known, the status quo
  - \* mindless devotion to unnecessary rules
  - \* over exacting perfectionism
  - \* anti-pleasure
  - \* inability to adapt to new and unplanned situations
  - \* authoritarian, anti-democratic
  - \* too quick to decide, to get things settled and finished
  - \* bigotry quick to condemn others in their entirety and write

them off completely on the basis of one or two statements or actions, or because of differences of opinion

\* self-torture over petty details

\* self-torture over inability to be always good and right